

10 Talo oo Muhiim u ah Korantada

Guri walba wuxuu badbaadsan karaa lacag u dhiganta £200 sanadki hadii uu isitcmaalo habka ugu jaban korantada. Lasoco maanta habka ugu sahlan ee wax kuugu badbaadi karaan.



1 Hadii uu kuleyl jiro demi kuleliyaha, taasi waxaa kuu badbaadeysa 1C isticmaalka biilasha kuleliyaha.



2 Mar walbo kululeeyso kaliya biyaha aad u baahantahay ee jalmada ku jira.



3 Mar walbo daahyada si fiican ugu dabool dariishadaha, ka ilaali daaha inuu daboolo kuleliyaha, si uusan kuleylka dibada ugu bixin. Sidan waxeey kuu badbaadineysaa £15 sanadkii.



4 Mar walba makiinada dharka dhaqda u isticmaal 30 meesha aad uga isticmali laheyd 40, sidan waxeey kuu badbaadineysaa 25% isticmaalka korantada.



5 Hadii eey macquul kuu noqoneyso buuxi makiinada dharka dhaqda, tan maacuunta dhaqda, iyo tan dharka qalajisa. Halmar oo aad buuxiso weeykaaga jabnaan doontaa labada goor ee aad kala isticmaasho.



6 Isticmaal nalalka korantada raqiisiya, waxaa kuu badbaadaya £7 sanadkii. Mida kale waxeey keediyaan markii loo dhigo 12 meelood oo u dhiganta nalalka kale.



7 Isticmaal qalabka macdanta ee wax lagu shiilo, taasna waxeey kuu saamaxeeysaa waqtiyar oo aad wax ku karsato iyo uumiga oo gidaarka kaaga badbaada, aad ayeeyna u qiima jabantahay.



8 Marnaba wax haku qalajin kuleliyaha korkiisa, waayo waxeey keeni kartaa in kuleliyaha uu aad u shaqeeyo.



9 Daldaloolada guriga wuxuu keenaa qaboow, sida daloolka sanduuqa waraaqaha, alwaaxa dhulka oo daloolo, dariishadaha daldaloola. Taasna waxeey kuugu keeni kartaa qiimo £25 ee badbaadso lacag u dhiganta £10 sanadki.



10 Marnaba korantada oo daaran ha ka tagin maxaayeelay ilaa 85% waxeey ku baxdaa korantada lagatago ayadoo daaran. Tanina waxeey kuu badbaadineysaa ilaa £33 sanadkii.

Photos: 1, JoeGough; 2, 3, 4, Energy Saving Trust; 5, Appliances Online; others CSE

Hadaad u baahantahay talo ku saabsan isticmaalka korantada guryaha (luqada English ka) waxaad nagala soo xariiri kartaa: taleefoon bilaash ah **0117 934 1957** ama **0800 082 2234**; iimeylka **home.energy@cse.org.uk**

For home energy advice, contact us on **0117 934 1957** or **Freephone 0800 082 2234** or email **home.energy@cse.org.uk**

This is one of a series of advice leaflets in Somali produced by the Centre for Sustainable Energy. Download them free from **www.cse.org.uk/somali-leaflets**

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Dhaqaale 7 (*Economy 7*)

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Ka difaac Qabowga (*Insulating your home*)

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10 Talo oo Muhiim u ah Korantada (*Top 10 energy saving tips*)

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Contact us:

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